



Volunteer Application

Name _____ Date _____

Address _____ City/ Zip Code _____

Home Phone _____ Cell Phone _____

Email Address _____

Where did you learn about volunteering at the Food Bank? _____

Would you like to volunteer regularly? Yes _____ No _____ Maybe _____

Days/Hours Available? _____ Are these court ordered hours? _____

How much weight can you lift? 0-19 lbs _____ 20-40 lbs _____ More _____

Your Areas of Interest (circle)

Administrative Cleaning Food Sorting Driving Maintenance Stocking Other

Skills you would like to contribute _____

Emergency Information

Emergency Contact _____ Phone _____

Known health problems _____ Name of Doctor _____

Have you ever been convicted of a felony? _____

If yes, please explain: _____

Please read the following and sign below

1. **You are responsible for signing in and out each day you volunteer.** The sign in sheet is kept on a clipboard on top of the file cabinet by the office/warehouse door.
2. **You are responsible for filling out your individual timesheet each day you work.** The timesheet is not to leave the Food Bank. If you need a copy, one can be made on request. Your timesheet and the Volunteer Sign In/Out sheets are the Food Bank's only records of your volunteering, if you take your timesheet or don't fill them out you did not volunteer.
3. **You are responsible for providing 2 working days notice for copies of your past completed community service time.** We do not give letters on your performance or letters of recommendation.
4. **Be sure to wear comfortable everyday clothes.** The warehouse is very much an industrial setting, so please use common sense. Wear comfortable clothes that can get dirty, long pants and closed-toed shoes, please do not wear revealing clothing. Our warehouses can feel much colder inside than outside temperatures, so bring a sweater or sweatshirt.
5. **No cell phones, iPods, or other listening devices.**
6. **Food or drinks are strictly prohibited unless in an authorized break area.**

Release and waiver

I am volunteering to assist the Food Bank Coalition of San Luis Obispo County in its sponsored events, including but not limited to warehouse efforts, donation solicitation, food drives, and other such activities. I understand there may be some risks involved in participating in any sponsored event. Knowing these facts, I hereby waive, release, discharge, and agree to hold harmless the Food Bank Coalition of San Luis Obispo County, its agents, employees, or anyone acting for or on its behalf, from any and all claims of liability for personal injury, death or property damage of any kind or nature whatsoever arising out of or in the course of my participating in any Food Bank Coalition of San Luis Obispo County sponsored events. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown, and binds myself, my heirs, executors, administrators, or anyone else who might claim on my behalf.

I further grant full permission to the Food Bank Coalition of San Luis Obispo County or agents authorized by them to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any Food Bank Coalition of San Luis Obispo County purpose.

By signing below volunteers give the Food Bank Coalition of San Luis Obispo County permission to check the validity of statements above.

Signature _____

Food Bank Representative _____