Zucchini Pizza Bites

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Makes 4 servings.

Prep time: 5 minutes **Cook time:** 5-10minutes

Supplies:

- ✓ Cutting Board
- ✓ Knife
- ✓ Spoon
- ✓ Baking Sheet

Ingredients:

2 medium zucchinis1 cup spaghetti or marinara sauce4 oz mozzarella cheeseToppings of your choice



- 1. Preheat oven to 350 degrees.
- 2. Wash and dry zucchini; slice into thin pieces and then line up on a baking sheet.
- 3. Spoon a small amount of marinara sauce onto each zucchini slice, sprinkle with shredded cheese and other toppings.
- 4. Bake for 5-10 minutes or until cheese has melted.

Nutrition information per serving: Calories 105, Carbohydrate 8g, Fiber 2g, Protein 6g, Total Fat 6g, Saturated Fat 3g, Cholesterol 15mg, Sodium 374mg



Adapted from Superhealthykids.com For CalFresh or Food Bank information, call (805) 238-4664.