



2022 NEIGHBORHOOD FOOD DISTRIBUTIONS

UPDATED October 24th, 2022



1st Monday	1st Wednesday	1st Thursday	1st Friday
San Luis Obispo 4:30-6:00pm SLO Salvation Army 815 Islay Street	Arroyo Grande 8:00-9:00am Soto Park 1275 Ash Street	Paso Robles 9:00-10:00am 2nd Baptist Church 1937 Riverside Avenue Cambria 3:00-4:00pm Santa Rosa Church 1174 Main Street Shandon 4:30-6:00pm Shandon High School 101 S. 1st Street	California Valley 11:00am-12:30pm Community Center Parking Lot 13080 Soda Lake Road
1st Tuesday Heritage Ranch 3:00-4:00pm Oak Hill Market 2150 Heritage Loop Road Nipomo 9:30-10:30am St. Joseph's Church 298 S. Thompson Ave. Paso Robles 1:00-2:00pm Villa Paseo Apartments 2818 Ramada Drive	Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Atascadero 10:00-11:30am Grange Hall 5035 Palma Avenue		1st Saturday Morro Bay 9:30-10:30am Rock Harbor Church (Open Arms Pantry) 1475 Quintana Road
2nd Tuesday	2nd Wednesday	2nd Thursday	2nd Friday
Paso Robles 10:00-11:00am Sherwood Park Santa Ynez Ave and Creston Rd. Los Osos 3:30-4:30pm Baywood Elementary 1330 9th Street Nipomo 4:30-6:30pm Nipomo Elementary 190 E. Price Street	Arroyo Grande 8:00-9:00am Soto Park 1275 Ash Street Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Atascadero 2:30-3:30pm Santa Rosa Elementary 8655 Santa Rosa Road San Miguel 4:30-6:00pm Lillian Larsen Elementary 1601 L. Street	Cayucos 10:30-11:00am Cayucos Community Church 60 S. 3rd Street Oceano 9:00-10:00am Senior Center 1580 Railroad Street Paso Robles 2:30-4:00pm Bauer Speck Elementary 401 17th Street (Parking lot on corner of 17th & Vine St.) San Luis Obispo 2:30-3:30pm C.L. Smith Elementary 1375 Balboa Street	Paso Robles 1:30-3:00pm Housing Authority at Oak Park 30th and Pine Street
3rd Tuesday	3rd Wednesday	3rd Thursday	3rd Friday
Nipomo 8:30-9:30am Nipomo Senior Center 200 E. Dana Street San Luis Obispo 9:00-10:00am Senior Center 1445 Santa Rosa Street San Luis Obispo 3:00-5:00pm Cuesta College, SLO Campus CA Highway 1, Parking Lot #3 Paso Robles 3:00-5:00pm Cuesta College, North County Campus 2800 Buena Vista Drive, Parking Lot #11	Arroyo Grande 8:00-9:00am Soto Park 1275 Ash Street Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Santa Margarita 9:00-10:00am Senior Center 2210 H Street	Morro Bay 9:30-10:30am Veterans Memorial Building 209 Surf Street San Luis Obispo 9:30-11:30am Zion Lutheran Church 1010 E. Foothill Blvd. Atascadero 4:30-6:00pm Casa Grande Apartments 9300 El Bordo Avenue	California Valley 11:00am-12:30pm Community Center Parking Lot 13080 Soda Lake Road Oceano 2:30-4:00pm Family Resource Center 1425 19th Street
4th Tuesday	4th Wednesday	4th Thursday	4th Friday
Paso Robles 10:00-11:00am Sherwood Park Santa Ynez Ave and Creston Rd. Nipomo 4:30-6:00pm Dana Elementary 920 W. Tefft Street	Arroyo Grande 8:00-9:00am Soto Park 1275 Ash Street Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue	Cayucos 10:30-11:00am Community Church 60 S. 3rd Street San Miguel 9:30-10:30am San Miguel Mission 775 Mission Street	Morro Bay 2:30-3:30pm Del Mar Elementary 501 Sequoia Street Creston 3:00-4:00pm Creston Community Church 5170 O'Donovan Road
			San Luis Obispo 8:30-9:30am Madonna Road Apartments 1550 Madonna Road 3rd Saturday San Luis Obispo 8:30-9:30am Madonna Road Apartments 1550 Madonna Road
			San Luis Obispo 1:30-3:00pm Housing Authority at Oak Park 30th and Pine Street Templeton 3:00-3:30pm Vintage Community Church 692 Peterson Ranch Road

To receive food, participants must self-certify they meet the current CDSS Income Guidelines, but no identification or proof of income is required. Please visit our website for the most up-to-date information about site changes, updates, and for a complete list of all food resources in SLO County. Dates are subject to change due to holidays and unforeseen circumstances. Always check our website or call our office for the most up-to-date information, especially if a distribution falls on: 1/1, 1/20, 2/17, 5/25, 7/3, 7/4, 9/7, 11/11, 11/26, 11/27, 12/24, 12/25, 12/31 or when there is no school in session.

For more information: slofoodbank.org or (805) 238-4664



2022 Local Pantry & Meal Sites

UPDATED October 24th, 2022

The resources listed below are overseen by independent, nonprofit organizations. Contact them directly for the most up-to-date information.

AGENCY	ADDRESS	CITY	TYPE	DAYS	TIME	TEL.	ADDITIONAL INFORMATION
NIPOMO							
Nipomo Community Presbyterian	1235 N. Thompson Rd.	Arroyo Grande	Pantry	W/F	12:30-2:00pm	805-473-8059	Curbside pick-up only.
Meals That Connect	200 E. Dana St.	Nipomo	Meal	M-F	12-1pm	805-929-1066	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Nipomo Food Basket	197 W. Tefft St.	Nipomo	Pantry	M/T/Th/F	10am-1pm	805-619-7681	Bring photo ID.
Santa Maria Valley Hispanic Church	1575 Orchard Rd.	Nipomo	Pantry	Sat	11am-12:30pm	805-929-5694	Home delivery only. Call ahead to register.
FIVE CITIES							
Everyday Church	1052 E. Grand Ave	Arroyo Grande	Pantry	Th	4:30-5pm	805-481-5955	Curbside pick-up only. Must sign in.
St. Patrick's Church	501 Fair Oaks Dr.	Arroyo Grande	Pantry	Tu/W/Th	4-5pm	805-489-2680	Bring photo ID.
The Salvation Army	1550 W. Branch St.	Arroyo Grande	Pantry	M/W/F	10am-2pm	805-481-0278	Bring photo ID
Five Cities Christian Women	946 Rockaway Ave.	Grover Beach	Pantry	M-F	2-3:30pm	805-473-3368	Bring photo ID. Mask required. One visit per week per household allowed.
South County People's Kitchen	946 Rockaway Ave.	Grover Beach	Meal	Everyday	12:00-12:30pm	805-503-8836	To-go meals only.
Meals That Connect	1580 Railroad St.	Oceano	Meal	M-F	11:30am-12:30pm	805-489-5149	Age 60+. To-go meals only. Registration req'd. Please call ahead.
New Life Church	990 James Way	Pismo Beach	Pantry	Tu W Th	6-7:30pm 10am-12pm 1:30-3:30pm	805-489-3254	Bring photo ID. One visit per household per week.
Five Cities Meals on Wheels	780 Bello St.	Pismo Beach	Meal	M-F	8:30am-12pm	805-773-2053	Home-bound seniors only. Application process.
SAN LUIS OBISPO							
Agape Church	950 Laureate Ln.	San Luis Obispo	Pantry	Sun	11-12:30pm	805-541-0777	
CAPSLO 40 Prado	40 Prado Rd.	San Luis Obispo	Meal	Everyday	12-12:30pm	805-544-4004	
God's Storehouse at Grace Church	1350 Osos St.	San Luis Obispo	Pantry	Sat	8:15-9:15am	805-543-2358	Must sign in.
Meals That Connect	955 Monterey St.	San Luis Obispo	Meal	M-F	11:30am-12:30pm	805-543-0469	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Meals That Connect	11245 LOVR	San Luis Obispo	Meal	M-F	11:30am-12:30pm	805-541-1168	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Mountainbrook Community Church	1775 Calle Joaquin	San Luis Obispo	Pantry	M	3:30-4:30pm	805-543-3162	Must sign in.
The Salvation Army	815 Islay St.	San Luis Obispo	Pantry	M/W/F	10am-1:30pm	805-544-2401	Bring proof of address and photo ID.
Unitarian Universalist Fellowship	2201 Lawton Ave	San Luis Obispo	Pantry	W	3-4:30pm	805-458-5751	
Zion Lutheran Church	1010 Foothill Blvd	San Luis Obispo	Pantry	W	9:30-11:30am	805-543-8327	
COASTAL							
Cambria Vineyard Church	1617 Main St.	Cambria	Pantry	Th	12-2pm	805-927-5550	Must sign in. 2nd & 4th Thursday of the month only.
Meals That Connect	2700 Elton Rd.	Cambria	Meal	M-F	12-1pm	805-927-1268	Age 60+. To-go meals only. Registration req'd. Please call ahead.
King's Cupboard at El Morro Church	1480 Santa Ysabel	Los Osos	Pantry	Tu	8:30-10:30am	805-528-0391	Must sign in.
Meals That Connect	2180 Palisades Ave.	Los Osos	Meal	M-F	11:30am-12:30pm	805-528-6923	Age 60+. To-go meals only. Registration req'd. Please call ahead.
People Helping People	2180 Palisades Ave.	Los Osos	Pantry	W	9:30-10:30am	805-528-4169	Must sign in.
Trinity United Methodist Church	490 LOVR	Los Osos	Pantry	Tu/F	10am-12pm	805-528-1649	
Food Group (EBAC) at Vet's Hall	209 Surf St.	Morro Bay	Pantry	M	4:30-5pm	805-225-1991	
Food Group (EBAC) at Vet's Hall	209 Surf St.	Morro Bay	Meal	M	5-6pm	805-225-1991	
Meals That Connect	1001 Kennedy Way	Morro Bay	Meal	M-F	11:45am-12:45pm	805-772-4422	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Open Arms Pantry at Rock Harbor	1475 Quintana Rd	Morro Bay	Pantry	Sat	9:30-10:30am	805-772-7365	
The Salvation Army	540 Quintana Rd	Morro Bay	Pantry	n/a	n/a	805-772-7062	Temporarily closed for construction
NORTH COUNTY							
ALF Food Pantry	5411 El Camino Real	Atascadero	Pantry	M-F	1-3pm	805-461-1504	Curbside pick-up for lower North County residents.
ECHO Atascadero	6370 Atascadero Ave	Atascadero	Meal	Daily	4:30-6pm	805-462-3663	Must sign in.
Legacy Church Pantry	6030 Del Rio Rd.	Atascadero	Pantry	Th	1-2pm	805-466-2626	Must sign in to certify income eligibility.
Meals That Connect	5905-C East Mall	Atascadero	Meal	M-F	11:30am-12:30pm	805-466-2317	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Refuge Church	6955 Portola Rd.	Atascadero	Both	Tu* W*	5:00-6:00pm 6:00-8:00pm	805-466-3354	*Also available any day by appointment . Must sign in.
ECHO Paso Robles	1134 Black Oak Drive	Paso Robles	Meal	Daily	4:30-6pm	805-462-3663	Must sign in.
Meals That Connect	270 Scott St.	Paso Robles	Meal	M-F	11:30am-12:30pm	805-238-4831	Age 60+. To-go meals only. Registration req'd. Please call ahead.
The Salvation Army	711 Paso Robles St.	Paso Robles	Pantry	W	10am-1pm, by appt. only	805-238-9591	Bring proof of address and photo ID.
Meals That Connect	2210 H St.	Santa Margarita	Meal	M-F	11:45am-12:45pm	805-438-5854	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Children and the Country Life	795 Monterey Road, at the San Miguel Mission	San Miguel	Pantry	1st, 3rd, & 5th Wednesdays	11:30am-12:30pm; 5:00pm-6:00pm	805-467-3256	