






























2024 NEIGHBORHOOD FOOD DISTRIBUTIONS

UPDATED March 2024

Scan QR code to visit the Find Food page on our website for the most up to date information.



DRIVE-THRU AVAILABLE 
PRODUCE ONLY 

1st Monday	1st Wednesday	1st Thursday	1st Friday
San Luis Obispo 4:00-5:00pm SLO Salvation Army 815 Islay Street	Arroyo Grande 8:00-9:00am Soto Park 1275 Ash Street  	Paso Robles 9:00-10:00am 2nd Baptist Church 1937 Riverside Avenue	California Valley 11:00am-12:30pm Community Center Parking Lot 13080 Soda Lake Road 
1st Tuesday Heritage Ranch 3:00-4:00pm Oak Hill Market 2150 Heritage Loop Road Nipomo 9:30-10:30am St. Joseph's Church  298 S. Thompson Ave. Paso Robles 1:00-2:00pm Villa Paseo Apartments 2818 Ramada Drive	Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Atascadero 10:00-11:30am Grange Hall 5035 Palma Avenue	Cambria 3:00-4:00pm Santa Rosa Church 1174 Main Street Shandon 4:30-6:00pm 	1st Saturday Morro Bay 9:30-10:30am Rock Harbor Church (Open Arms Pantry)  1475 Quintana Road
2nd Tuesday	2nd Wednesday	2nd Thursday	2nd Friday
Paso Robles 10:00-11:00am   Sherwood Park Santa Ynez Ave and Creston Rd. Los Osos 3:30-4:30pm  Baywood Elementary 1330 9th Street Nipomo 4:30-6:30pm  Nipomo Elementary 190 E. Price Street	Arroyo Grande 8:00-9:00am   Soto Park 1275 Ash Street Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Atascadero 2:30-3:30pm Santa Rosa Elementary 8655 Santa Rosa Road San Miguel 4:30-6:00pm Lillian Larsen Elementary 1601 L. Street	Oceano 9:00-10:00am  Senior Center 1580 Railroad Street San Luis Obispo 2:30-3:30pm C.L. Smith Elementary 1375 Balboa Street	Paso Robles 3:30-5:30pm  Housing Authority at Oak Park 30th and Pine Street
3rd Tuesday	3rd Wednesday	3rd Thursday	3rd Friday
Nipomo 8:30-9:30am  Nipomo Senior Center 200 E. Dana Street San Luis Obispo 3:00-5:00pm  Cuesta College, SLO Campus CA Highway 1, Parking Lot #2 Paso Robles 3:00-5:00pm  Cuesta College, North County Campus 2800 Buena Vista Drive, Parking Lot #11	Arroyo Grande 8:00-9:00am  Soto Park 1275 Ash Street Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Santa Margarita 9:00-10:00am Senior Center 2210 H Street Morro Bay 9:30-10:30am  Veterans Memorial Building 209 Surf Street San Luis Obispo 9:30-11:30am Zion Lutheran Church 1010 E. Foothill Blvd. Atascadero 4:30-5:30pm Casa Grande Apartments 9300 El Bordo Avenue	Paso Robles 9:00-10:00am  Grace Baptist Church 535 Creston Road Cambria 3:00-4:00pm  School District Office 1350 Main Street Paso Robles 3:00-4:00pm Virginia Peterson Elementary 2501 Beechwood Drive	California Valley 11:00am-12:30pm  Community Center Parking Lot 13080 Soda Lake Road Oceano 2:30-4:00pm Family Resource Center 1425 19th Street
4th Tuesday	4th Wednesday	4th Thursday	4th Friday
Paso Robles 10:00-11:00am   Sherwood Park Santa Ynez Ave and Creston Rd. Nipomo 4:30-6:00pm  Dana Elementary 920 W. Tefft Street San Luis Obispo 3:30-5:30pm Cal Poly University 1 Via Carta Rd (Health and Wellbeing Lawn) San Simeon 5:00-6:00pm Oceanside Apartments 9490 Avonne Avenue	Arroyo Grande 8:00-9:00am   Soto Park 1275 Ash Street Los Osos 9:30-10:30am South Bay Community Center (People Helping People) 2180 Palisades Avenue Cayucos 10:30-11:00am Community Church 60 S. 3rd Street San Miguel 9:30-10:30am San Miguel Mission 775 Mission Street	Morro Bay 2:30-3:30pm Del Mar Elementary 501 Sequoia Street Creston 3:00-4:00pm Creston Community Church 5170 O'Donovan Road	Paso Robles 3:30-5:30pm Housing Authority at Oak Park 30th and Pine Street

To receive food, participants must self-certify they meet the current CDSS Income Guidelines, but no identification or proof of income is required. Please visit our website for the most up-to-date information about site changes, updates, and for a complete list of all food resources in SLO County. Dates are subject to change due to holidays and unforeseen circumstances.

Always check our website or call our office for the most up-to-date information:

slofoodbank.org or (805) 238-4664



2024 Local Pantry & Meal Sites

UPDATED March 2024

The resources listed below are overseen by independent, nonprofit organizations. Contact them directly for the most up-to-date information.

AGENCY	ADDRESS	CITY	TYPE	DAYS	TIME	TEL.	ADDITIONAL INFORMATION
NIPOMO							
Nipomo Community Presbyterian	1235 N. Thompson Rd.	Arroyo Grande	Pantry	F	12:30-2:00pm	805-473-8059	
Meals That Connect	200 E. Dana St.	Nipomo	Meal	M-F	12-1pm	805-929-1066	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Nipomo Food Basket	197 W. Tefft St.	Nipomo	Pantry	M/T/Th/F	10am-1pm	805-619-7681	For Nipomo residents only - must provide proof of residence.
Santa Maria Valley Hispanic Church	1575 Orchard Rd.	Nipomo	Pantry	Sat	11am-12:30pm	805-929-5694	Home delivery only. Call ahead to register.
FIVE CITIES							
St. Patrick's Church	501 Fair Oaks Dr.	Arroyo Grande	Pantry	Tu/W/Th	4-5pm	805-489-2680	Bring photo ID.
The Salvation Army	1550 W. Branch St.	Arroyo Grande	Pantry	M/W/F	10am-12pm	805-481-0278	Bring photo ID.
Five Cities Christian Women	946 Rockaway Ave.	Grover Beach	Pantry	M-F	2-3:30pm	805-473-3368	Bring photo ID. One visit per week per household allowed.
South County People's Kitchen	946 Rockaway Ave.	Grover Beach	Meal	Everyday	12:00-12:30pm	805-503-8836	To-go meals.
Meals That Connect	1580 Railroad St.	Oceano	Meal	M-F	11:30am-12:30pm	805-489-5149	Age 60+. To-go meals only. Registration req'd. Please call ahead.
New Life Church	990 James Way	Pismo Beach	Pantry	TU	6-7:30pm	805-489-3254	Bring photo ID. One visit per household per week.
W				10am - 12pm			
THUR				1:30 - 3:30pm			
Five Cities Meals on Wheels	780 Bello St.	Pismo Beach	Meal	M-F	8:30am-12pm	805-773-2053	Home-bound seniors only. Application process. Call to enroll.
SAN LUIS OBISPO							
Agape Church	950 Laureate Ln.	San Luis Obispo	Pantry	Sun	11:30a-12:00pm	805-541-0777	
CAPSLO 40 Prado	40 Prado Rd.	San Luis Obispo	Meal	Everyday	12:00-12:30pm; 5:00-5:30pm	805-544-4004	
God's Storehouse at Grace Church	1350 Osos St.	San Luis Obispo	Pantry	Sat	8:00-9:15am	805-543-2358	
Meals That Connect	955 Monterey St.	San Luis Obispo	Meal	M-F	11:30am-12:30pm	805-543-0469	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Meals That Connect	11245 LOVR	San Luis Obispo	Meal	M-F	11:30am-12:30pm	805-541-1168	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Arise Central Coast (formerly Mountainbrook Community Church)	1775 Calle Joaquin	San Luis Obispo	Pantry	M	3:30-4:30pm	805-543-3162	
The Salvation Army	815 Islay St.	San Luis Obispo	Pantry	W-F, TR	W/F: 10am-12:00pm TR: 2-	805-544-2401	Bring proof of address and photo ID.
Unitarian Universalist Fellowship	2201 Lawton Ave	San Luis Obispo	Pantry	W	3-4:30pm	805-439-0188 ext. 1	
Zion Lutheran Church	1010 Foothill Blvd	San Luis Obispo	Pantry	W	9:30-11:30am	805-543-8327	
COASTAL							
Cambria Vineyard Church	1617 Main St.	Cambria	Pantry	Th	12-2pm	805-927-5550	2nd & 4th Thursday of the month only.
Meals That Connect	2700 Eton Rd.	Cambria	Meal	M-F	12-1pm	805-927-1268	Age 60+. To-go meals only. Registration req'd. Please call ahead.
King's Cupboard at El Morro Church	1480 Santa Ysabel	Los Osos	Pantry	Tu	8:30-10:30am	805-528-0391	
Meals That Connect	2180 Palisades Ave.	Los Osos	Meal	M-F	11:30am-12:30pm	805-528-6923	Age 60+. To-go meals only. Registration req'd. Please call ahead.
People Helping People	2180 Palisades Ave.	Los Osos	Pantry	W	9:30-10:30am	805-528-2626	
Trinity United Methodist Church	490 LOVR	Los Osos	Pantry	Tu/F	10am-12pm	805-528-1649	
Morro Bay Lion's Foundation	209 Surf St.	Morro Bay	Pantry	M	4:30-5pm	805-225-1991	
Morro Bay Lion's Foundation	209 Surf St.	Morro Bay	Meal	M	5-6pm	805-225-1991	
Meals That Connect	1001 Kennedy Way	Morro Bay	Meal	M-F	11:45am-12:45pm	805-772-4422	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Open Arms Pantry at Rock Harbor	1475 Quintana Rd	Morro Bay	Pantry	Sat	9:30-10:30am	805-772-7365	
The Salvation Army	540 Quintana Rd	Morro Bay	Pantry	Tu/Th	1-3pm	805-772-7062	Bring photo ID.
NORTH COUNTY							
ALF Food Pantry	5411 El Camino Real	Atascadero	Pantry	M-F	1-3pm	805-461-1504	Curbside pick-up for lower North County residents.
ECHO Atascadero	6370 Atascadero Ave	Atascadero	Meal	Daily	5-6pm	805-462-3663	
Legacy Church Pantry	6030 Del Rio Rd.	Atascadero	Pantry	Th	1-2pm	805-466-2626	
Meals That Connect	5905-C East Mall	Atascadero	Meal	M-F	11:30am-12:30pm	805-466-2317	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Refuge Church	6955 Portola Rd.	Atascadero	Both	Tu* W*	5:00-6:00pm 6:00-6:30pm	805-466-3354	*Also available any day by appointment.
ECHO Paso Robles	1134 Black Oak Drive	Paso Robles	Meal	Daily	4:30-5:30pm	805-462-3663	
Meals That Connect	270 Scott St.	Paso Robles	Meal	M-F	11:30am-12:30pm	805-238-4831	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Meals That Connect	2210 H St.	Santa Margarita	Meal	M-F	11:45am-12:45pm	805-438-5854	Age 60+. To-go meals only. Registration req'd. Please call ahead.
Children and the Country Life	795 Monterey Road, at the San Miguel Mission	San Miguel	Pantry	1st, 3rd, & 5th Wed.	5:00pm-6:00pm	805-467-3256	
Shandon Wellness Center	101 South 1st Street	Shandon	Pantry	M-Th F	8am-3pm 8am-12pm	805-238-0286	Check in at High School front office