



OCTOBER 2026 NEIGHBORHOOD FOOD DISTRIBUTIONS

Visit findfoodslo.org or call 805-238-4664 for more information

 Drive-through available

	Thursday, October 1			Friday, October 2
	Paso Robles 9:00 – 10:00 a.m. 2nd Baptist Church 1937 Riverside Ave.	Cambria 3:00 – 4:00 p.m. Santa Rosa Church 1174 Main Street 	Shandon 4:30 – 6:00 p.m. Shandon High School 101 S. 1st Street 	California Valley 11:00 a.m. – 12:30 p.m. Community Center 13080 Soda Lake Road 
Monday, October 5	Tuesday, October 6	Wednesday, October 7	Thursday, October 8	Friday, October 9
San Luis Obispo 4:00 – 5:00 p.m. Salvation Army SLO 815 Islay Street San Luis Obispo 3:30 – 5:30 p.m. Cal Poly University 1 Via Carta Rd.	Nipomo 9:30 – 10:30 a.m. St. Joseph's Church 295 S. Thompson Ave.  Heritage Ranch 3:00 – 4:00 p.m. Oak Hill Market 2150 Heritage Loop Road	Arroyo Grande 8:00 – 9:00 a.m. Soto Park 1275 Ash Street  Atascadero 10:00 – 11:30 a.m. Grange Hall 5035 Palma Ave. Atascadero 4:30 – 6:00 p.m. Atascadero Library 6555 Capistrano Ave.	Oceano 9:00 – 10:00 a.m. Oceano Senior Center 1580 Railroad Street  San Luis Obispo 2:30 – 3:30 p.m. C.L. Smith Elementary 1375 Balboa Street  Morro Bay 4:30 – 5:30 p.m. Morro Bay Library 625 Harbor Street	Paso Robles 3:30 – 5:30 p.m. Housing Authority at Oak Park 30th and Pine Street
	Tuesday, October 13	Wednesday, October 14	Thursday, October 15	Friday, October 16
	Paso Robles 10:00 – 11:00 a.m. Sherwood Park Santa Ynez Ave. and Creston Rd.  Los Osos 3:30 – 4:30 p.m. Baywood Elementary 1330 9th Street  Nipomo 4:30 – 6:00 p.m. Nipomo High School 525 N. Thompson Ave	San Miguel 4:30 – 6:00 p.m. Lillian Larsen Elementary 1601 L Street	Paso Robles 9:00 – 10:00 a.m. Grace Baptist Church 535 Creston Road  Cambria 3:00 – 4:00 p.m. Santa Rosa Church 1174 Main Street  Paso Robles 3:00 – 4:00 p.m. Virginia Peterson Elementary 2501 Beechwood Drive	California Valley 11:00 a.m. – 12:30 p.m. Community Center 13080 Soda Lake Road  Oceano 2:30 – 4:00 p.m. Community Center 1425 19th Street
	Tuesday, October 20	Wednesday, October 21	Thursday, October 22	Friday, October 23
	San Luis Obispo 3:00 – 5:00 p.m. Cuesta College, SLO Campus CA Highway 1, Parking Lot #2  Paso Robles 3:00 – 5:00 p.m. Cuesta College, Paso Campus 2800 Buena Vista Drive, Parking Lot #2 	Arroyo Grande 8:00 – 9:00 a.m. Soto Park 1275 Ash Street  Santa Margarita 9:00 – 10:00 a.m. Senior Center 2210 H Street Atascadero 4:30 – 6:00 p.m. Atascadero Library 6555 Capistrano Ave.	Creston 3:00 – 4:00 p.m. Creston Community Church 5170 O'Donovan Road 	Paso Robles 3:30 – 5:30 p.m. Housing Authority at Oak Park 30th and Pine Street
Monday, October 26	Tuesday, October 27		Wednesday, October 28	
Avila Beach 12:30 – 1:30 p.m. Lachen Tara Apartments 240 Ocean Oaks Lane	Paso Robles 10:00 – 11:00 a.m. Sherwood Park Santa Ynez Ave. and Creston Rd.  San Simeon 5:00 – 6:00 p.m. Oceanside Apartments 9490 Avonne Ave.	Nipomo 4:30 – 6:00 p.m. Nipomo High School 525 N. Thompson Ave	San Miguel 4:30 – 6:00 p.m. Lillian Larsen Elementary 1601 L Street	



LOCAL PANTRY & MEAL SITES

OCTOBER 2026

The resources listed below are overseen by independent, nonprofit organizations. Contact them directly for the most up-to-date information.

AGENCY	ADDRESS	CITY	TYPE	DAYS	TIME	TEL.	ADDITIONAL INFORMATION
SOUTH COUNTY							
Equippers Church	1052 E Grand Ave.	Arroyo Grande	Pantry	2nd Saturday of every month	10:00 a.m. - 11:00 a.m.	805-714-2664	
Nipomo Community Presbyterian Church	1235 N. Thompson Rd.	Arroyo Grande	Pantry	Friday	12:45 p.m. - 1:30 p.m.	805-473-8059	
St. Patrick's Outreach	501 Fair Oaks Dr.	Arroyo Grande	Pantry	Tue/Wed/Thur	4:00 p.m. - 5:00 p.m.	805-489-2680 ext. 1	Bring photo ID. One visit per household per week. For residents of South County.
The Salvation Army	1550 W. Branch St.	Arroyo Grande	Pantry	Mon/Wed/Fri	10:00 a.m. - 12:00 p.m.	805-270-7483	Bring photo ID.
Five Cities Christian Women	946 Rockaway Ave.	Grover Beach	Pantry	Monday - Friday	2:00 p.m. - 3:30 p.m.	805-473-3368	Bring photo ID.
South County People's Kitchen	946 Rockaway Ave.	Grover Beach	Meal	Daily	12:00 p.m. - 1:00 p.m.	805-458-1992	
Nipomo Food Basket	197 W. Tefft St.	Nipomo	Pantry	Mon/Tue/Thur/Fri	10:00 a.m. - 1:00 p.m.	805-619-7681	For residents of Nipomo only.
Santa Maria Valley Hispanic Church	1575 Orchard Rd.	Nipomo	Pantry	Wednesday	7:00 p.m. - 8:00 p.m.	805-956-3396	
New Life Church	941 N Oak Park Blvd.	Pismo Beach	Pantry	Tuesday	6:00 p.m. - 7:30 p.m.	805-489-3254	Bring photo ID. One visit per household per week.
				Wednesday	10:00 a.m. - 12:00 p.m.		
				Thursday	1:30 p.m. - 3:30 p.m.		
Five Cities Meals on Wheels	780 Bello St.	Pismo Beach	Meal	Monday - Friday	8:30 a.m. - 12:00 p.m.	805-773-2053	Home-bound seniors only. Call to enroll.
SAN LUIS OBISPO							
SLO Food Bank	1180 Kendall Road	San Luis Obispo	Pantry	Mon/Wed/Fri	12:00 p.m. - 5:00 p.m.	805-238-4664	
Agape Church	950 Laureate Ln.	San Luis Obispo	Pantry	Sunday	12:00 p.m. - 12:30 p.m.	805-541-0777	
Breakthrough Ministry	4251 S Higuera St. #200	San Luis Obispo	Pantry	Tuesday	2:00 p.m. - 3:00 p.m.	805-234-7441	*Also available any day by appointment .
CAPSLO 40 Prado	40 Prado Rd.	San Luis Obispo	Meal	Daily	12:00 p.m. - 1:00 p.m.	805-544-4004	
					5:00 p.m. - 5:30 p.m.		
God's Storehouse at Grace Church	1350 Osos St.	San Luis Obispo	Pantry	Saturday	8:30 a.m. - 9:15 a.m.	805-543-2358	
SLO City Church	1775 Calle Joaquin	San Luis Obispo	Pantry	Monday	2:30 p.m. - 4:30 p.m.	805-543-3162	
Renovate Church	2075 Johnson Ave.	San Luis Obispo	Pantry	Monday	4:00 p.m. - 6:00 p.m.	805-543-0945	
The Salvation Army	815 Islay St.	San Luis Obispo	Pantry	Wednesday and Friday	10:00 a.m. - 12:00 p.m.	805-544-2401	Bring photo ID.
				Thursday	2:00 p.m. - 4:00 p.m.		
Unitarian Universalists SLO	2201 Lawton Ave	San Luis Obispo	Pantry	Wednesday	3:00 p.m. - 4:30 p.m.	805-439-0188 ext. 1	
Zion Lutheran Church	1010 Foothill Blvd	San Luis Obispo	Pantry	Wednesday	9:30 a.m. - 11:30 a.m.	805-543-8327	
COASTAL							
Cambria Vineyard Church	1617 Main St.	Cambria	Pantry	2nd and 4th Thursday	12:00 p.m. - 2:00 p.m.	805-927-5550	
Cayucos Community Church	60 S. 3rd Street	Cayucos	Pantry	Wednesday	10:30 a.m. - 11:00 a.m.	805-995-3821	
St. Joseph's Catholic Church	360 Park Ave	Cayucos	Pantry	Thursday	7:30 p.m. - 7:45 p.m.	805-995-3243	
				Friday	10:00 a.m. - 12:00 p.m.		
King's Cupboard at El Morro Church	1480 Santa Ysabel	Los Osos	Pantry	Tuesday	8:00 a.m. - 10:00 a.m.	805-528-0391	
People Helping People	2180 Palisades Ave.	Los Osos	Pantry	Wednesday	9:30 a.m. - 10:30 a.m.	805-528-2626	
Trinity United Methodist Church	490 LOVR	Los Osos	Pantry	Tuesday and Friday	10:00 a.m. - 12:00 p.m.	805-528-1649	
Morro Bay Lion's Foundation	209 Surf St.	Morro Bay	Meal	Monday	3:45 p.m. - 5:00 p.m.	805-225-1991	
Open Arms Pantry at Rock Harbor	1475 Quintana Rd	Morro Bay	Pantry	Saturday	9:30 a.m. - 10:30 a.m.	805-772-7365	
NORTH COUNTY							
ALF Food Pantry	5411 El Camino Real	Atascadero	Pantry	Monday - Friday	1:00 p.m. - 3:00 p.m.	805-461-1504	For residents of Atascadero, Templeton, Santa Margarita, Creston and California Valley
ECHO Atascadero	6370 Atascadero Ave.	Atascadero	Meal	Daily	5:00 p.m. - 6:00 p.m.	805-462-3663	
Legacy Church Pantry	5545 Ardilla Ave.	Atascadero	Pantry	Thursday	1:00 p.m. - 2:00 p.m.	805-466-2626	
Refuge Church	6955 Portola Rd.	Atascadero	Pantry and Meal	Tuesday	5:00 p.m. - 6:00 p.m.	805-466-3354	*Also available any day by appointment .
				Wednesday	6:00 p.m. - 6:30 p.m.		
Restoration Church	9333 Santa Barbara Rd.	Atascadero	Pantry	1st Saturday of every month	1:00 p.m. - 2:30 p.m.	805-538-0449	
Creston Community Church	5170 O'Donovan Road	Creston	Pantry	1st, 2nd, 3rd, & 5th Thursday of every month	□ 3:30 PM - 5:30 PM	805-459-9068	Please bring your own bags.
ECHO Paso Robles	1134 Black Oak Drive	Paso Robles	Meal	Daily	4:30 p.m. - 5:30 p.m.	805-462-3663	
Children and the Country Life	795 Monterey Road, at the San Miguel Mission	San Miguel	Pantry	3rd Wednesday of every month	5:00 p.m. - 6:00 p.m.	805-467-3256	
The Salvation Army	711 Paso Robles St.	Paso Robles	Pantry	Tuesday	10:00 a.m. - 11:00 a.m.	805-221-8075	Bring photo ID.
Templeton Hills H.O.P.E. Pantry	930 Templeton Hills Rd.	Templeton	Pantry	Sunday	9:30 a.m. - 10:30 a.m.	805-459-0817	
COUNTYWIDE							
AGENCY	SERVICE TYPE			DAYS AVAILABLE		TEL.	ADDITIONAL INFORMATION
Meals That Connect	Home-delivered meals and dining halls			Monday - Friday		805-541-3312	For individuals aged 60 and above. Please call to enroll in program.
SLO Food Bank	Grocery delivery for homebound seniors			Based on location		805-259-1954	For individuals aged 60 and above. Please call to enroll.